



Finding our Stride is a school-based running program in middle and elementary schools in the Upper Valley, with a mission to build

FITNESS, TEAMWORK & SELF-ESTEEM

through running. We partner with schools that share our commitment to giving kids opportunity. We currently fund programs at NO COST to schools or families in 24 middle and elementary schools in Vermont and New Hampshire.

ALL PRACTICES WILL BE SOCIALLY DISTANCED AND WILL ADHERE TO BMU'S COVID GUIDELINES.

JOIN US!

Blue Mountain Union

Grades 1 - 6

[Register Here](#)

Season runs Sept. 13 - Oct. 22
Mondays & Fridays 2:30 - 3:30p

Questions?
Contact Head Coach
Nurse Kate Dunn at
katherine.dunn@oesu.org



Finding our Stride provides modest stipends, training and support for coaches, and team t-shirts!

TO LEARN MORE VISIT WWW.FINDINGOURSTRIDE.ORG